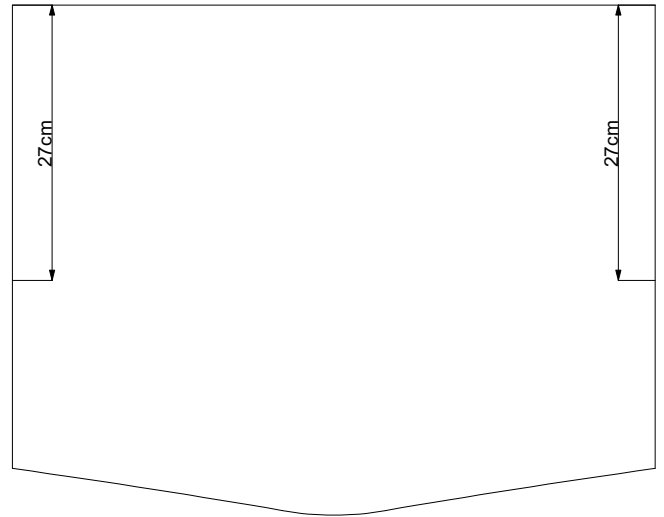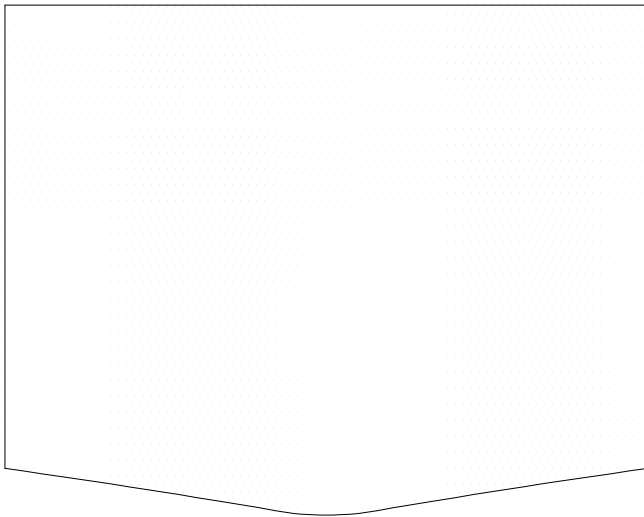OUTER SIDE - TOP

INNER SIDE - TOP
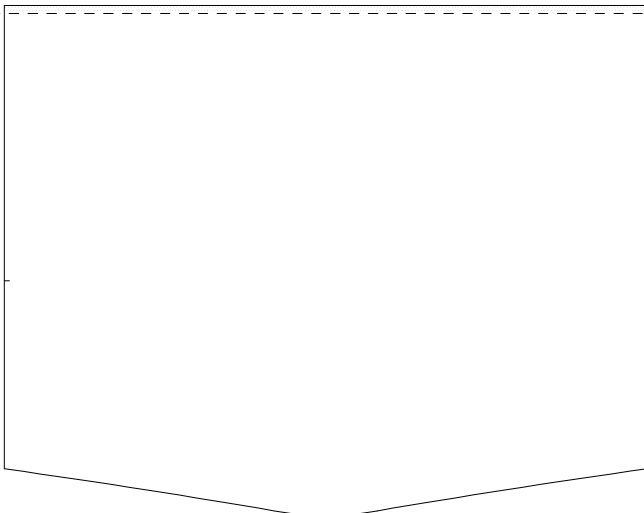
27cm

27cm

OUTER SIDE - BOTTOM

INNER SIDE - BOTTOM

STEP 1 - Once Fabric has been cut to template size, select a face or side to start working from and consider/use as you INNER SIDE.

-The fabric template will be rectangular, use the longer edges as the top and bottom edge. (If you beveled one of the long edges use this as your bottom)

-From the top measure down 27cm and cut small notches on both short edges to provide a fold line.

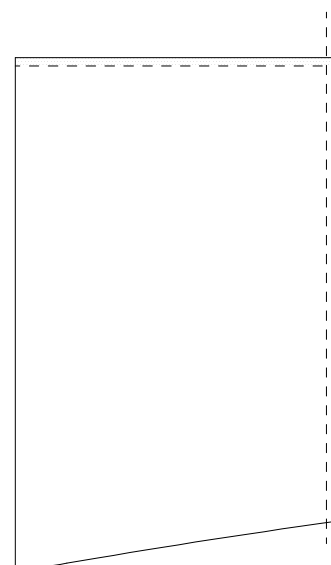② 2

STEP 2 - Take the top INNER SIDE edge and turn towards you, sew in a 8mm single turn hem.
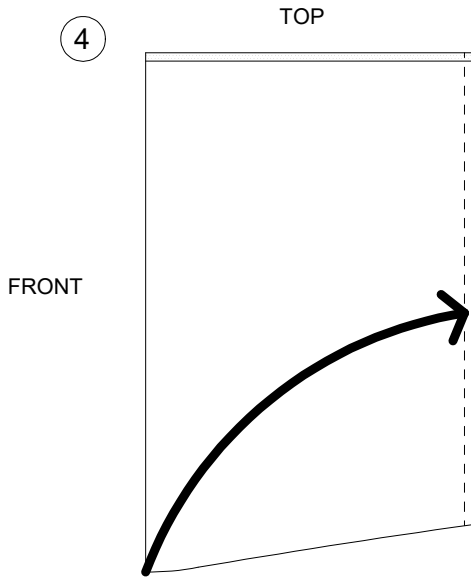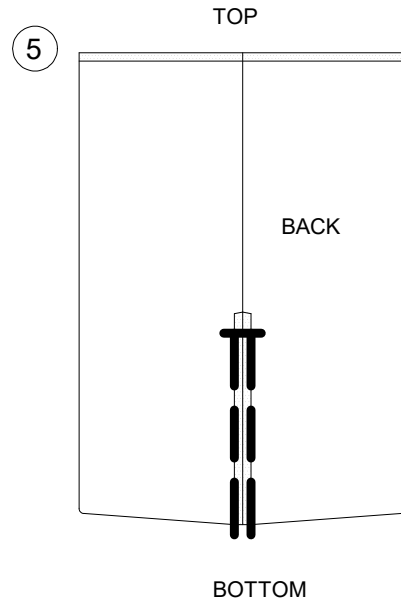
③ 3

FRONT

BACK

STEP 3 - Bring the short edges together, folding the fabric in half closing the OUTER SIDE to the inside of the piece.

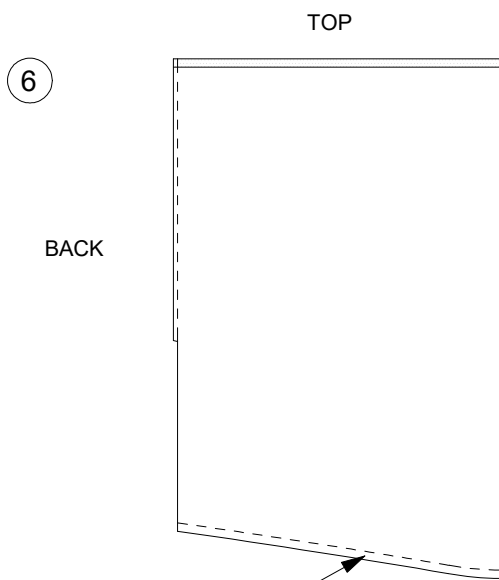-Now sew a 1cm seam from the top down the short edges to the base, forming a tube/sleeve.

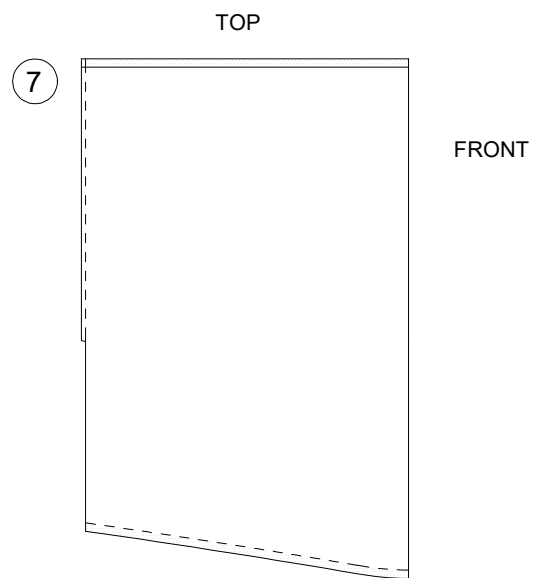-This will now give a FRONT and BACK. With the seam at the BACK.

TOP

④

FRONT

STEP 4 - Pull the front up enough to clear the fold line notches.
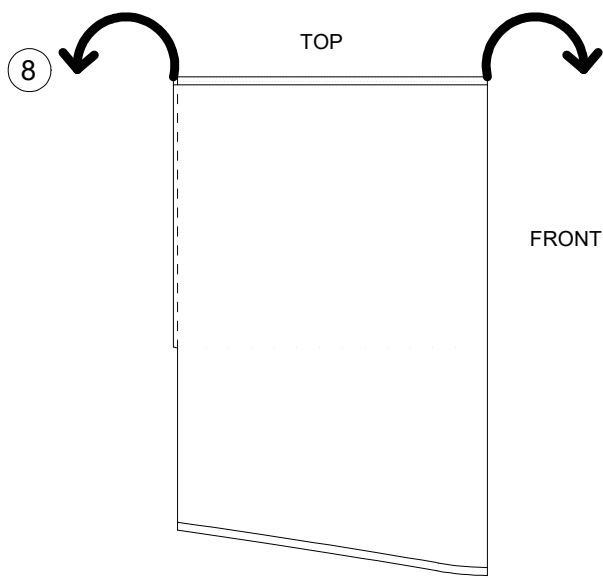
TOP

⑤

BACK

BOTTOM

STEP 5 - Fold out the new seam and turn the edges in 4mm and sew from the bottom, up to the notch cross, across the seam, and back to the bottom.
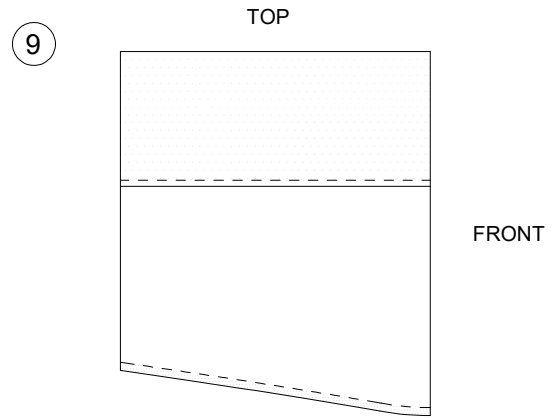
TOP

⑥

BACK

STEP 6 - Sew a 8mm double turn hem into the bottom.
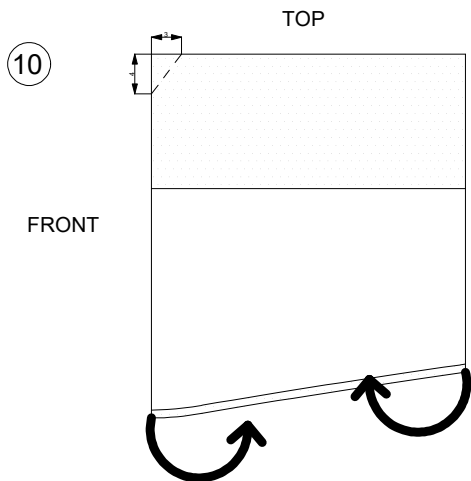
TOP

⑦

FRONT

STEP 7 - Then from the top edge measure down to the top of the BACK seam.
Where the notch lies is where the fold will be stitched. Use this measurement to marks dots around the Gaiter.
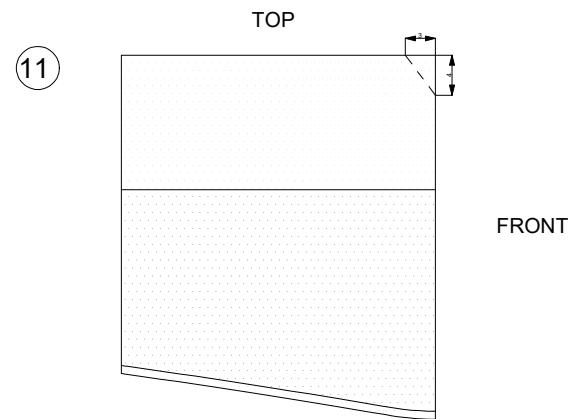
STEP 8 - Fold the TOP outwards so that the OUTER SIDE is exposed and pull down towards the lower marked line/notch cross at the BACK.
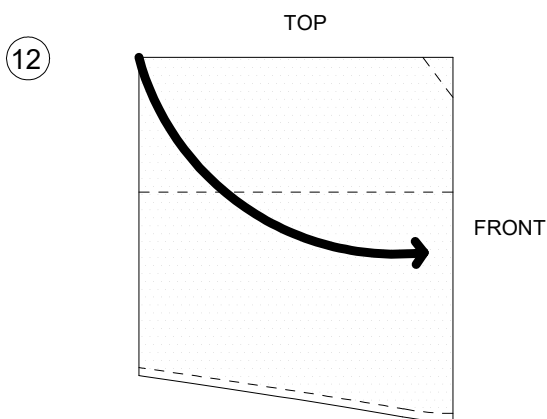
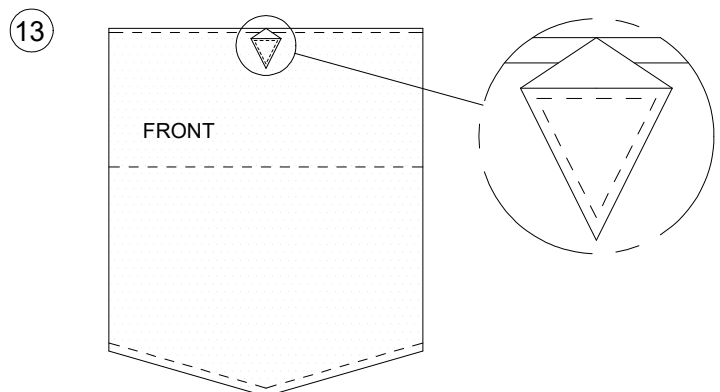**STEP 9** - Sew the fold seam in a continuous circle to create a doubled section of sleeve.

STEP 10 - Pull the Gaiter through itself (inside out) exposing the OUTER SIDE.

STEP 11 - Fold in half and from the top of the FRONT mark 3cm back, and 4cm down and sew an initial line for nose piece.

STEP 12 - Move the back of the Gaiter out of the way.

STEP 13 -Fold the nose piece down to form a kite shape, and finish by sewing the triangle at the front.
Launder before first use

Universal Size Chart

Most adults will be in the 5-8 size range.
If you can make face gaiters use this chart below to size them, so the people you supply know what will fit them.

Mesurement (cm)	44-46	46-48	48-50	50-52	52-54	54-56	56-58
ISX Size (30% stretch fabric)	3	4	5	6	7	8	9
Colour code for size (label or small patch of visible stitching)	Red	Orange	Yellow	Green	Blue	White	Black

Tip: larger sizes can be made smaller by taking the seam at the back in.